

# RICHMOND COUNTY WELLNESS POLICY

## EVALUATION & ACTION PLANS FOR PROGRAM IMPROVEMENT

### 2023-2024



WELLNESS POLICY EVALUATION & ACTION PLAN		
	COMPONENT 1: NUTRITION PROMOTION AND EDUCATION	<i>Date for Objective Completion: May 2024</i> Completed
Objective	<ul style="list-style-type: none"> <li>Continue operating the Fresh Fruit &amp; Vegetable Program in 5 or more Richmond County Schools. FFVP schools offer nutrition education messages each day a FFVP produce item is served (multiple times weekly).</li> <li>Goal for at least 95% of schools to comply with conducting nutrition education activities and promotions that involve parents, students, teachers and community</li> </ul>	
Action Plan	<ul style="list-style-type: none"> <li>Continue the Fresh Fruit and Vegetable Program (FFVP) at a minimum of 5 schools and reach out to all RCBOE Administration to encourage the program in additional schools.</li> <li>Schedule at least 2 main nutrition promotions for the school year for schools to highlight. Specific marketing materials will be designed to be shared with parents, teachers and the community in addition to the marketing material that is created for students, principals and SNP staff. RCSS will assist with sharing the promotions to parents, teachers and community.</li> </ul>	
Information to Collect	<ul style="list-style-type: none"> <li>Specific nutrition messages and promotions that will be advertised.</li> <li>Applications for schools interested in participating in FFVP.</li> <li>Names of schools participating in FFVP.</li> <li>Decide on 2 nutrition promotions to highlight- National School Breakfast Week (NSBW) &amp; National School Lunch Week (NSLW)</li> </ul>	
Responsible for Action Plan	<ul style="list-style-type: none"> <li>School Nutrition Department</li> </ul>	
Evaluation Method	<ul style="list-style-type: none"> <li>FFVP Applications</li> <li>Wellness Policy Evaluation Form</li> </ul>	
Outcome	<ul style="list-style-type: none"> <li>Continued operating the Fresh Fruit and Vegetable Program (FFVP) in at least 5 schools. RCBOE had 13 schools participating for the 2023-2024 school year (13 schools participated in 2022-2023 as well).</li> <li>Met the goal of at least 95% of schools in compliance with conduction nutrition education activities and promotions that involve parents, students, teachers and community. Results showed 49 schools in compliance (100%)</li> </ul>	
	COMPONENT 2: PHYSICAL ACTIVITY	<i>Date for Objective Completion: June 2024</i> Completed
Objective	<ul style="list-style-type: none"> <li>Goal for at least 95% of schools to comply with promoting physical activity in the school environment at least once per year.</li> </ul>	
Action Plan	<ul style="list-style-type: none"> <li>Identify and provide Principals, or school staff, with materials, technology, and/or resources to promote classroom physical activity</li> </ul>	
Information to Collect	<ul style="list-style-type: none"> <li>Create a list of activities and ideas to provide to principals</li> <li>Completed Wellness Policy Evaluation Forms</li> </ul>	

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Responsible for Action Plan	<ul style="list-style-type: none"> <li>District Wellness Committee</li> </ul>
Evaluation Method	<ul style="list-style-type: none"> <li>Wellness Policy Evaluation Form</li> </ul>
Outcome	<ul style="list-style-type: none"> <li>Created a list of activities and ideas to promote physical activity in the school environment and provided it to administrators. Ideas included: Health M Powers, Field Day, school walks, "Brain Breaks", Clean Up Day, Walk or Bike to School Day, CDC Classroom Activity Promotion Kit, Springboard to Active Schools, Sanford Fit, etc.</li> <li>Increased number of schools compliant with promoting physical activity in the school environment at least once per year to 100% (2022-2023 was 92% and 2021-2022 was 90%)</li> </ul>
	<b>COMPONENT 3: OTHER SCHOOL BASED ACTIVITIES DESIGNED TO PROMOTE STUDENT WELLNESS</b>
	<i>Date for Objective Completion: June 2024</i> Completed
Objective	<ul style="list-style-type: none"> <li>Provide Principals and District Leadership with resources that promote staff wellness. Goal is to continue for at least 90% of schools to stay in compliance with offering information and opportunities that promote staff wellness.</li> </ul>
Action Plan	<ul style="list-style-type: none"> <li>Incorporate staff wellness resources/topics at one or more Monthly Administrator Meeting</li> <li>Provide staff wellness resources or topics in the "Inside RCSS" weekly email that is sent out from the Public Relations Department</li> </ul>
Information to Collect	<ul style="list-style-type: none"> <li>Wellness Policy Evaluation Form</li> <li>Resources for staff wellness</li> </ul>
Responsible for Action Plan	<ul style="list-style-type: none"> <li>District Wellness Committee</li> </ul>
Evaluation Method	<ul style="list-style-type: none"> <li>Wellness Policy Evaluation Form</li> </ul>
Outcome	<ul style="list-style-type: none"> <li>Continued goal of at least 90% of schools. Results showed 46 schools compliant out of 49 schools (94%).</li> </ul>
	<b>COMPONENT 4: NUTRITION STANDARDS AND GUIDELINES FOR ALL FOODS AND BEVERAGES AVAILABLE ON CAMPUS DURING THE SCHOOL DAY</b>
	<i>Date for Objective Completion: May 2024</i> Completed
Objective	<ul style="list-style-type: none"> <li>Add an additional part that is listed in Component 4 of the RCBOE wellness policy to the wellness policy evaluation form for schools to complete. Additional part that will be added to evaluation is: <i>Only marketing and advertising of food and beverages that meet Smart Snack standards are allowed.</i></li> </ul>

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Action Plan	<ul style="list-style-type: none"> <li>Will make an update to Wellness Policy Evaluation Form</li> </ul>
Information to Collect	<ul style="list-style-type: none"> <li>Wellness Policy Evaluation form</li> </ul>
Responsible for Action Plan	<ul style="list-style-type: none"> <li>Wellness Committee- Patricia Fisher will update form</li> </ul>
Evaluation Method	<ul style="list-style-type: none"> <li>Wellness Policy Evaluation Form that is used for 2023-2024</li> </ul>
Outcome	<ul style="list-style-type: none"> <li>Only marketing and advertising of food and beverages that meet Smart Snack standards are allowed was added to the Wellness Policy Evaluation form as well as the Microsoft 365 form that was created</li> </ul>
	<b>COMPONENT 5: DEVELOPMENT, IMPLEMENTATION AND PERIODIC EVALUATION OF THE SCHOOL WELLNESS PROGRAM</b>
	<i>Date for Objective Completion: July 2024</i> Completed
Objective	<ul style="list-style-type: none"> <li>Provide 2020-2023 Triennial Assessment on systems wellness website page and create a new Triennial Assessment Report for 2023-2026.</li> <li>Collect Wellness Evaluations for the 2023-2024 school year.</li> <li>Create a Microsoft 365 form version of the Wellness Policy Evaluation for Principals or Health Council leaders at schools to complete.</li> <li>Collect ALL (100%) of school's wellness evaluations. Below is the percentage of wellness evaluations collected in past years               <ul style="list-style-type: none"> <li>➤ 2018-2019: 72%</li> <li>➤ 2019-2020: 42%</li> <li>➤ 2020-2021: 91%</li> <li>➤ 2021-2022: 92%</li> <li>➤ 2022-2023: 100%</li> </ul> </li> </ul>
Action Plan	<ul style="list-style-type: none"> <li>Send reminder emails and calendar invites to Principals with wellness evaluation and due date</li> <li>Once 2023-2024 reports are collected, create new Triennial Assessment report and enter 2023-2024 data. Once data is entered, provide on systems website.</li> </ul>
Information to Collect	<ul style="list-style-type: none"> <li>Wellness Evaluations submitted</li> <li>Report for Triennial Assessment</li> </ul>
Responsible for Action Plan	<ul style="list-style-type: none"> <li>Wellness Committee</li> </ul>
Evaluation Method	<ul style="list-style-type: none"> <li>Wellness Policy Evaluation form</li> </ul>
Outcome	<ul style="list-style-type: none"> <li>Created a Microsoft 365 form version of the Wellness Policy Evaluation for Principals or Health Council leaders at schools to complete. Provided the form/evaluation to all Principals via email</li> <li>Collected ALL (100%) of school's wellness evaluations for the 2023-2024 school year</li> <li>Triennial Assessment Report created, data collected and all provided on system website.</li> </ul>

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